



LA JOLLA COUNTRY DAY SCHOOL PARENTS' ASSOCIATION

9490 GENESEE AVENUE, LA JOLLA, CA 92037

(858) 453-3440

LJCDSA.ORG

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Dear LJCDS Parents,

In keeping with our school philosophy, and in the interest of our students' well being, La Jolla Country Day School Parents' Association, with the support of the school and the Board of Trustees has, for the past few years, established a Parent Pledge regarding student parties and gatherings in your homes. By signing the Pledge, parents of 7th–12th graders agree to ensure that social events for children in your home will be chaperoned and free of alcohol and drugs. The purpose of the Pledge is to promote safe environments in which our children can socialize, and to allow parents to partner with their children, the school, and one another to address issues of drug and alcohol abuse among teens.

By promoting an atmosphere of attentive supervision at social events which are drug and alcohol-free, we hope to work together to prevent drug and alcohol abuse among our children. While we realize such a Pledge is not the solution to the problems of drug and alcohol abuse, and will not in and of itself prevent or solve them, we believe it is an important opportunity for parents to take a stand to promote a safe, healthy, and drug-free environment for our children. Identification of parents who promise to abide by the Pledge may simplify parents' decisions to allow or not to allow their student to attend a particular social gathering.

To join other LJCDS parents in taking the Parent Pledge, please read and sign the attached Parent Pledge and return to the Parents' Association table at Registration in August or mail to: Parent Pledge, LJCDS Parents' Association, 9490 Genesee Avenue, La Jolla, CA 92037-1399. The deadline to submit the pledge is September 11, 2009. We will compile a list of participating families which will be posted on the LJCDS Website ([www.ljcds.org](http://www.ljcds.org)) in the fall. If you have questions concerning the Parent Pledge, do not hesitate to contact me. Please take this pledge seriously as your commitment is the strength to a safe environment for our children of Country Day.

We hope you will participate in this effort.

Warmly,

RobynAnn D Nelson  
PA President  
2009-2010



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## LJCDS PARENT PLEDGE

Yes! I take responsibility...I support the Parent Pledge.

“All events in my home for youth will be chaperoned and free of alcohol and drugs.”

Thank you for caring about the safety of our students.

Print clearly, please!

Name(s) of Child(ren):

Grade Entering:

_____	_____
_____	_____
_____	_____

Names of Parent(s) or Guardian(s):

\_\_\_\_\_

Home Telephone (include area code):

\_\_\_\_\_

Email Address:

\_\_\_\_\_

Home Address:

\_\_\_\_\_

Signature(s):

\_\_\_\_\_



### **WHY DO WE NEED A PARENT PLEDGE?**

- Because: Our children need our help, support and guidance to pass through adolescence alcohol and drug free.
- Because: Our children need and benefit from a unified statement of positive standards and values.
- Because: We want a safe passage from adolescence to adulthood for our children without the fear of drug and alcohol related problems.
- Because: We are concerned about the increasing acceptance of adolescent use of drugs and alcohol as a normal part of growing up.
- Because: We recognize there is potential civil liability should the acts of minors using alcohol or mind altering substances result in injury to them or others.

### **PARENTAL STRATEGIES & RESPONSIBILITIES**

- ✓ Parents need to give strong support to one another to host activities without alcohol or drugs, and to encourage young people to attend such activities.
- ✓ Call the hosting parents before giving your child permission to attend to be sure the parents are home and know about the event.
- ✓ Talk to your teens when they return from an outing; be alert to alcohol and drug use by your teen and others. Notify other parents of suspected alcohol and drug use.
- ✓ Prepare a "Driving Contract" signed by teen and parents which outlines the family's penalties for using, driving under the influence or riding with someone under the influence of drugs and/or alcohol.